

**Bitesize** parenting support@ libraries  
[edinburgh.gov.uk/bitesize-familysupport](http://edinburgh.gov.uk/bitesize-familysupport)



Sign up today for our free parenting courses in our libraries.

## Early Years Bitesize Sessions

### **Weaning** (Edinburgh Community Food)

Monday 19<sup>th</sup> January 11am -12pm Drumbrae Library

Monday 26<sup>th</sup> January 11am -12pm Portobello Library

### **Toilet Training** (School Nursing Service for parents of early years or primary age children)

Friday 6<sup>th</sup> February 10am – 11am Drumbrae Library

Friday 13<sup>th</sup> February 10am -11am Portobello Library

Friday 27th February 10am -11am Craigmillar Library

### **Supporting Your Child's Sleep** (Educational Psychology Team)

Friday 27<sup>th</sup> February 10am -11am Drumbrae Library

### **Supporting Your Child's Early Speech and Language Skills**

(Clinical Lead SLT for Early Intervention & Prevention)

Thursday 12<sup>th</sup> February 11am -12pm Craigmillar Library

#### **To find out more**

We're adding more courses all the time. Find out what other courses we're

running at [www.edinburgh.gov.uk/bitesize-familysupport](http://www.edinburgh.gov.uk/bitesize-familysupport)

