



LAYC Training Scheme Bumps & Bruises First Aid



Introduction

The course is aimed at sessional and volunteer youth and children's workers who are looking to increase their awareness and confidence.

Content

The course is very practical with group activities, discussion and tutor input.

Outcomes

By the end of the course participants will :

- Be more aware of first aid issues in their work with children and young people;
- Have more confidence in their ability to respond effectively to first aid issues;
- Have an understanding of further first aid training they might access in the future.